

## Curriculum Vitae

### **John Edward McDonald, Jr., M.D.**

#### Education

- **Georgetown University**, College of Arts and Sciences, Washington, DC
  - Bachelor of Science in Biology, *cum laude*, Minor: French
  - August 1997-December 2000
  - NCAA Division I Men's Tennis – 1998-1999
- **University of Texas Southwestern Medical School at Dallas**, Dallas, TX
  - Doctor of Medicine
  - Class rank 18/212
  - August 2001-June 2005

#### Post Graduate Education and Training

- **University of Texas Southwestern Medical Center**, Dallas, TX
  - General Surgery Internship
  - July 2005-June 2006
- **University of Texas Southwestern Medical Center**, Dallas, TX
  - Orthopaedic Surgery Residency
  - July 2006-June 2010
- **Norfolk and Norwich University Hospital**, Norwich, United Kingdom
  - Orthopaedic Surgery International 3 Month Rotation
  - July-September 2009
- **The Steadman Clinic (formerly Steadman-Hawkins Clinic)**, Vail, CO
  - Knee, Shoulder, and Hip Sports Medicine and Arthroscopy Fellowship
  - August 2010-July 2011

#### Honors and Awards

- **Texas Monthly Super Doctors Rising Stars** – 2017
- **Austin Fit Magazine** – Named a 2014 and 2016 Best Orthopaedic Surgeon
- **University of Texas Dell Medical School Affiliate Assistant Professor** – Department of Surgery and Perioperative Care, 2016-present

- **University of Texas Dell Medical School Orthopaedic Residency – Sports Clerkship Subspecialty Director, 2016-present**
- **The Steadman-Philippon Research Institute Fellowship Research Award – 2010-2011**
- **UT Southwestern Orthopaedic Surgery Administrative Chief Resident – 2009-2010**
- **American Orthopaedic Association Resident Leadership Forum – Invitee 2009**
- **Alpha Omega Alpha Society – Elected 2005**
- **Second Honors Georgetown University (GPA >3.7) – Fall 1998, Spring 1999, Fall 1999, Spring 2000**
- **Dean’s List Georgetown University (GPA >3.5) – Fall 1997, Fall 2000**
- **National Merit Scholar – 1997**

### **Professional Society Memberships**

- American Orthopaedic Society for Sports Medicine
  - Member 2010-present
- American Academy of Orthopaedic Surgeons
  - Active Fellow 2013-present
  - Member 2005-2013
- Arthroscopy Association of North America
  - Member 2011-present
  - Resident member 2008-2011
- Texas Medical Association
  - Member 2001-present
- Travis County Medical Society
  - Member 2011-present
- Dallas County Medical Society
  - Student and Resident/Fellow member 2001-2011

### **Team Coverage Experience**

- Member Team Physician Pool United States Ski and Snowboard Association
  - 2010-present
- Team Physician U.S. Snowboard Team
  - 2011 World Championships
- Team Physician Bowie High School, Austin, TX
  - 2011-present

- Assistant Team Physician Eagle Valley High School, Eagle, CO
  - 2010
- Assistant Team Physician Dallas Independent School District football, Dallas, TX
  - 2008-2009
- Assistant Team Physician Red Oak High School football, Dallas, TX
  - 2008-2009
- Assistant Team Physician Sachse High School football, Dallas, TX
  - 2007

### **Administrative Service**

- Texas Orthopedics Board of Governance
  - Member – 2016-present
- Texas Orthopedics Operations Committee
  - Member – 2014-2016
- Steadman Philippon Research Institute Hip Arthroscopy Journal Club
  - Organizer – 2010-2011
- UT Southwestern Orthopaedic Residency Education Committee
  - Member – 2008-2010

### **Local and National Service**

- American Orthopaedic Society for Sports Medicine National Research Committee
  - Member – 2016-2018
- UT Dell Medical School Orthopaedic Residency Interview Committee
  - Member – 2016, 2017
- Georgetown University Undergraduate Admissions Interviewer
  - 2012-2017
  - 2003-2004

### **Publications**

#### **Peer Reviewed Publications**

##### *PUBLISHED*

- 1) **McDonald JE** and Copley LAB. Upper-Extremity Deep Venous Thrombosis Associated with Proximal Humerus Osteomyelitis in a Child. A Case Report. *J Bone Joint Surg Am.* 2010; 92: 2121-2124.
- 2) LaPrade RF and **McDonald JE**. Web commentary on “Changes in Tibiofemoral Contact Mechanics Following Radial Split and Vertical Tears of the Medial Meniscus: An In-Vitro Investigation of the Efficacy of Arthroscopic Repair.” *J Bone Joint Surg Am.* 2011; 93-A.
- 3) **McDonald JE**, Herzog M, Philippon MJ. Return to Play After Hip Arthroscopy With Microfracture in Elite Athletes. *Arthroscopy.* 2013; 29(2): 330-335.
- 4) **McDonald JE**, Herzog M, Philippon MJ. Performance Outcomes Following Microfracture for Chondral Defects of the Hip in Professional Hockey Players. *Knee Surg Sports Traumatol Arthrosc.* 2014 Apr; 22(4): 793-800.

## Non-Peer Reviewed Publications

### PUBLISHED

- 5) **McDonald JE** and LaPrade RF. Medial Collateral Ligament and Posteromedial Corner Repair and Reconstruction. *Surgical Techniques of the Shoulder, Elbow, and Knee in Sports Medicine*. Eds Cole BJ and Sekiya JK. 2<sup>nd</sup> ed. 2013.
- 6) **McDonald JE** and Johansen S. Chronic Multiligament Knee Instability. *Tech Knee Surg*. 2011; 10(1): 37-44.
- 7) **McDonald JE** and Huo MH. Total Hip Replacement: Unique Challenges in the Obese and Geriatric Populations. *Curr Opin Orthop*. 2008; 19: 33-36.
- 8) **McDonald JE**, Posch PE, Hurley CK. Novel Polymorphisms in the Interleukin-10 Promoter Region. *Georgetown University Department of Biology Senior Thesis* 2001

### Abstracts and/or Proceedings

- 9) Chin PC, **McDonald JE**, Lewis R, Siddiqui A, Cannada LK, Banerjee R, Finnegan M. Traumatic hip dislocations: incidence of associated injuries and complications. *Orthopaedic Trauma Association (OTA) 27<sup>th</sup> Annual Meeting Poster Presentation* 2011.
- 10) **McDonald JE**, Herzog M, Briggs K, Philippon MJ. Performance Outcomes in Professional Hockey Players Following Arthroscopic Microfracture of the Hip. *American Orthopaedic Society for Sports Medicine Annual Meeting Podium Presentation* 2011.
- 11) **McDonald JE**, Herzog M, Philippon MJ. Return to Play Following Arthroscopic Microfracture of the Hip in Elite Athletes. *Arthroscopy Association of North America Annual Meeting Podium Presentation* 2011.
- 12) Herzog M, **McDonald JE**, Philippon MJ. Outcomes Following Hip Arthroscopy in Patients with Type III Ehlers-Danlos Syndrome. *International Society for Hip Arthroscopy Annual Meeting Poster Presentation* 2011.
- 13) **McDonald JE**. Ankle & Foot Injuries: Emphasis on Return to Play. Faculty Presenter. *AAOS/AOSSM Sports Medicine Course: Elite Athletes to Weekend Warriors*. 2011.
- 14) **McDonald JE**. High Risk Lower Extremity Stress Fractures. Faculty Presenter. *AAOS/AOSSM Sports Medicine Course: Elite Athletes to Weekend Warriors*. 2011.
- 15) Chin PC, **McDonald JE**, Lewis R, Siddiqui A, Banerjee R, Cannada LK, Finnegan M. Complications and Injuries Associated with Traumatic Hip Dislocations. *Texas Orthopaedic Association Annual Meeting Podium Presentation* 2011.
- 16) **McDonald JE**, Chin PC, Cannada LK. Traumatic Hip Dislocations: Incidence of Associated Injuries and Complications. *AO North America 2010 Challenges in Fracture Care Across Disciplines Meeting Podium Presentation* 2010.
- 17) **McDonald JE**, Chin PC, Cannada LK. Traumatic Hip Dislocations: Incidence of Associated Injuries and Complications. *Charles F. Gregory Memorial Lecture – Chief Resident Presentation* 2010.
- 18) Starr AJ, Ortega G, Sanders M, Malekzadeh S, **McDonald JE**, Hashemi M, Hanson, C, Reinert CM, Josephs S. Decreased Mortality among Pelvic Fracture Patients: The Effect of a Pelvic Fracture Management Protocol

Emphasizing Pelvic Binders and Early Arteriography. *Orthopaedic Trauma Association Annual Meeting Poster Presentation 2006.*

### **Board Certification**

- Diplomate of the American Board of Orthopaedic Surgery
  - Passed Part I – July 2010
  - Passed Part II – August 2013

### **Medical Licensures**

- Texas (M8174)
  - Issued November 2007 – active
- Colorado (48400)
  - Issued December 2009 – May 2013

### **Personal**

- Married – Halliday (Hallie) Craige McDonald, MD
  - Dermatologist with Central Texas Dermatology
- 2 Daughters and Son

### **Special Interests**

Golf, tennis, snow skiing, hiking, wine, and music