

Curriculum Vitae

John Edward McDonald, Jr., M.D.

Education

- **Georgetown University**, College of Arts and Sciences, Washington, DC
 - Bachelor of Science in Biology, *cum laude*, Minor: French
 - August 1997-December 2000
 - NCAA Division I Men's Tennis – 1998-1999
- **University of Texas Southwestern Medical School at Dallas**, Dallas, TX
 - Doctor of Medicine
 - Class rank 18/212
 - August 2001-June 2005

Post Graduate Education and Training

- **University of Texas Southwestern Medical Center**, Dallas, TX
 - General Surgery Internship
 - July 2005-June 2006
- **University of Texas Southwestern Medical Center**, Dallas, TX
 - Orthopaedic Surgery Residency
 - July 2006-June 2010
- **Norfolk and Norwich University Hospital**, Norwich, United Kingdom
 - Orthopaedic Surgery International 3 Month Rotation
 - July-September 2009
- **The Steadman Clinic (formerly Steadman-Hawkins Clinic)**, Vail, CO
 - Knee, Shoulder, and Hip Sports Medicine and Arthroscopy Fellowship
 - August 2010-July 2011

Honors and Awards

- **Texas Monthly Super Doctors Rising Stars** – 2017, 2018, 2019
- **Texas Monthly Super Doctors** - 2019
- **Austin Fit Magazine** – Named a 2014, 2016, 2017, and 2019 Best Orthopaedic Surgeon
- **University of Texas Dell Medical School Affiliate Assistant Professor** – Department of Surgery and Perioperative Care, 2016-present

- **University of Texas Dell Medical School Orthopaedic Residency** – Sports Clerkship Subspecialty Director (EED), 2016-present
- **Texas Orthopedics Surgery Center Physician Champion** – 2017-present
- **The Steadman-Philippon Research Institute Fellowship Research Award** – 2010-2011
- **UT Southwestern Orthopaedic Surgery Administrative Chief Resident** – 2009-2010
- **American Orthopaedic Association Resident Leadership Forum** – Invitee 2009
- **Alpha Omega Alpha Society** – Elected 2005
- **Second Honors Georgetown University (GPA >3.7)** – Fall 1998, Spring 1999, Fall 1999, Spring 2000
- **Dean’s List Georgetown University (GPA >3.5)** – Fall 1997, Fall 2000
- **National Merit Scholar** – 1997

Professional Society Memberships

- American Orthopaedic Society for Sports Medicine
 - Member 2010-present
- American Academy of Orthopaedic Surgeons
 - Active Fellow 2013-present
 - Member 2005-2013
- Arthroscopy Association of North America
 - Member 2011-present
 - Resident member 2008-2011
- Texas Medical Association
 - Member 2001-present
- Travis County Medical Society
 - Member 2011-present
- Dallas County Medical Society
 - Student and Resident/Fellow member 2001-2011

Team Coverage Experience

- Member Team Physician Pool United States Ski and Snowboard Association
 - 2010-2018

- Team Physician U.S. Snowboard Team
 - 2011 World Championships
- Team Physician Bowie High School, Austin, TX
 - 2011-present
- Assistant Team Physician Eagle Valley High School, Eagle, CO
 - 2010
- Assistant Team Physician Dallas Independent School District football, Dallas, TX
 - 2008-2009
- Assistant Team Physician Red Oak High School football, Dallas, TX
 - 2008-2009
- Assistant Team Physician Sachse High School football, Dallas, TX
 - 2007

Administrative Service

- Texas Orthopedics Board of Governance
 - Member – 2016-present
- Texas Orthopedics Operations Committee
 - Member – 2014-2016
- Texas Orthopedics Recruitment Committee
 - Member – 2013-present
- Steadman Philippon Research Institute Hip Arthroscopy Journal Club
 - Organizer – 2010-2011
- UT Southwestern Orthopaedic Residency Education Committee
 - Member – 2008-2010

Local and National Service

- Ascension Seton Family of Hospitals Board of Directors
 - Member – 2018-present
- American Orthopaedic Society for Sports Medicine National Research Committee
 - Member – 2016-2020
- West Austin Youth Association Board of Directors
 - Member 2019-present
- UT Dell Medical School Orthopaedic Residency Interview Committee
 - Member – 2016, 2017
- Georgetown University Undergraduate Admissions Interviewer
 - 2012-2017
 - 2003-2004

Publications

Peer Reviewed Publications

PUBLISHED

- 1) **McDonald JE** and Copley LAB. Upper-Extremity Deep Venous Thrombosis Associated with Proximal Humerus Osteomyelitis in a Child. A Case Report. *J Bone Joint Surg Am.* 2010; 92: 2121-2124.

- 2) LaPrade RF and **McDonald JE**. Web commentary on “Changes in Tibiofemoral Contact Mechanics Following Radial Split and Vertical Tears of the Medial Meniscus: An In-Vitro Investigation of the Efficacy of Arthroscopic Repair.” *J Bone Joint Surg Am*. 2011; 93-A.
- 3) **McDonald JE**, Herzog M, Philippon MJ. Return to Play After Hip Arthroscopy With Microfracture in Elite Athletes. *Arthroscopy*. 2013; 29(2): 330-335.
- 4) **McDonald JE**, Herzog M, Philippon MJ. Performance Outcomes Following Microfracture for Chondral Defects of the Hip in Professional Hockey Players. *Knee Surg Sports Traumatol Arthrosc*. 2014 Apr; 22(4): 793-800.
- 5) Boersma EZ, Kortlever JTP, Loeb MD, **McDonald JE**, Vagner GA, Ring D, Driscoll MD. The Association between Patient-Reported Outcome Measurement Scores and Preference for Specific Interventions. *Journal of Patient Experience*. 2020; 1-7.

PENDING PUBLICATION

- 6) Kortlever JTP, Tripathi S, Ring D, **McDonald JE**, Smoot B, Laverty D. Tampa Scale for Kinesiophobia Short Form and Lower Extremity Specific Limitations. *Submitted JOT*.

Non-Peer Reviewed Publications

PUBLISHED

- 7) **McDonald JE** and LaPrade RF. Medial Collateral Ligament and Posteromedial Corner Repair and Reconstruction. *Surgical Techniques of the Shoulder, Elbow, and Knee in Sports Medicine*. Eds Cole BJ and Sekiya JK. 2nd ed. 2013.
- 8) **McDonald JE** and Johansen S. Chronic Multiligament Knee Instability. *Tech Knee Surg*. 2011; 10(1): 37-44.
- 9) **McDonald JE** and Huo MH. Total Hip Replacement: Unique Challenges in the Obese and Geriatric Populations. *Curr Opin Orthop*. 2008; 19: 33-36.
- 10) **McDonald JE**, Posch PE, Hurley CK. Novel Polymorphisms in the Interleukin-10 Promoter Region. *Georgetown University Department of Biology Senior Thesis* 2001

Abstracts and/or Proceedings

- 11) **McDonald JE**. Dell Medical School Grand Rounds. Surgeons as Second Victims. Dec 2019
- 12) **McDonald JE**. Dell Medical School Grand Rounds. The Restoration of Articular Cartilage in the Knee. Sept 2018.
- 13) Chin PC, **McDonald JE**, Lewis R, Siddiqui A, Cannada LK, Banerjee R, Finnegan M. Traumatic hip dislocations: incidence of associated injuries and complications. *Orthopaedic Trauma Association (OTA) 27th Annual Meeting Poster Presentation* 2011.
- 14) **McDonald JE**, Herzog M, Briggs K, Philippon MJ. Performance Outcomes in Professional Hockey Players Following Arthroscopic Microfracture of the Hip. *American Orthopaedic Society for Sports Medicine Annual Meeting Podium Presentation* 2011.
- 15) **McDonald JE**, Herzog M, Philippon MJ. Return to Play Following Arthroscopic Microfracture of the Hip in Elite Athletes. *Arthroscopy Association of North America Annual Meeting Podium Presentation* 2011.

- 16) Herzog M, **McDonald JE**, Philippon MJ. Outcomes Following Hip Arthroscopy in Patients with Type III Ehlers-Danlos Syndrome. *International Society for Hip Arthroscopy Annual Meeting Poster Presentation* 2011.
- 17) **McDonald JE**. Ankle & Foot Injuries: Emphasis on Return to Play. Faculty Presenter. *AAOS/AOSSM Sports Medicine Course: Elite Athletes to Weekend Warriors*. 2011.
- 18) **McDonald JE**. High Risk Lower Extremity Stress Fractures. Faculty Presenter. *AAOS/AOSSM Sports Medicine Course: Elite Athletes to Weekend Warriors*. 2011.
- 19) Chin PC, **McDonald JE**, Lewis R, Siddiqui A, Banerjee R, Cannada LK, Finnegan M. Complications and Injuries Associated with Traumatic Hip Dislocations. *Texas Orthopaedic Association Annual Meeting Podium Presentation* 2011.
- 20) **McDonald JE**, Chin PC, Cannada LK. Traumatic Hip Dislocations: Incidence of Associated Injuries and Complications. *AO North America 2010 Challenges in Fracture Care Across Disciplines Meeting Podium Presentation* 2010.
- 21) **McDonald JE**, Chin PC, Cannada LK. Traumatic Hip Dislocations: Incidence of Associated Injuries and Complications. *Charles F. Gregory Memorial Lecture – Chief Resident Presentation* 2010.
- 22) Starr AJ, Ortega G, Sanders M, Malekzadeh S, **McDonald JE**, Hashemi M, Hanson, C, Reinert CM, Josephs S. Decreased Mortality among Pelvic Fracture Patients: The Effect of a Pelvic Fracture Management Protocol Emphasizing Pelvic Binders and Early Arteriography. *Orthopaedic Trauma Association Annual Meeting Poster Presentation* 2006.

Board Certification

- Diplomate of the American Board of Orthopaedic Surgery
 - Passed Part I – July 2010
 - Passed Part II – August 2013
 - Participating in Maintenance of Certification

Medical Licensures

- Texas (M8174)
 - Issued November 2007 – active
- Colorado (48400)
 - Issued December 2009 – May 2013

Personal

- Married – Halliday (Hallie) Craige McDonald, MD
 - Dermatologist with Central Texas Dermatology
- 2 Daughters and Son

Special Interests

Golf, tennis, snow skiing, hiking, wine, and music